

<u>Week 1</u>	Dinner:	Dessert:	Supper:	Dessert:
Sunday 24 May	Roast Turkey with Stuffing and Cranberry Sauce, Mashed Potatoes Carrots and Beans <i>Sub: Beef Stew</i>	Homemade Pie	<i>Homemade Sunday Soup</i> Roast Beef and Cheese Sandwich Italian Salad Bar	Brownies and Ice Cream
Monday 25 May	Roasted Chicken Breasts Mushroom Gravy Mashed Potatoes Peas and Turnip <i>Sub: Turkey</i>	Assorted Desserts	<i>Soup of the day: Beef and Barley</i> Mini Quiche Hashbrown Patties and Fruit Salad	Muffins
Tuesday 26 May	Corned Beef Boiled Potatoes, Cabbage and Carrots <i>Sub: Chicken Breast</i>	Maple Cream Cake	<i>Soup of the day: Vegetable</i> Macaroni with Ground Beef and Tomato Sauce Bread Rolls	Assorted Mini Tarts
Wednesday 27 May	Chicken Thighs Spinach Cream Sauce Garlic Butter Orzo Yellow and Red Beets <i>Sub: Corned Beef</i>	Ambrosia Salad	<i>Soup of the day: Italian Wedding Soup</i> Ham and Swiss Cheese Croissant Side Salad	Cookies with Fruit Cocktail
Thursday 28 May	Meatloaf Mashed Potatoes Broccoli and Corn <i>Sub: Chicken Thighs</i>	Lemon Meringue Pie	<i>Soup of the day: Cream of Cauliflower</i> Turkey Taco Style Flatbread Pizza Sweet Potato Fries	Carrot Cake
Friday 29 May	Salmon Cake Patties with Orzo Asparagus and Hollandaise sauce Buttered Carrots <i>Sub: Meatloaf</i>	Cookies and Ice Cream	<i>Soup of the day: Cream of Carrot</i> Tourtiere Peas and Pickled Beets	Assorted Desserts
Saturday 30 May	Lasagna Side Salad and Bread Rolls <i>Sub: Salmon Cake</i>	Cheesecake	<i>Soup of the day: Chicken Noodle</i> Hummus with Crackers, Boiled Eggs and Carrot Salad	Date Squares

<u>Week 2</u>	Dinner:	Dessert:	Supper:	Dessert:
Sunday 31 May	Baked Ham Scalloped Potatoes Turnip and Peas <i>Sub: Lasagna</i>	Blueberry Pie	<i>Homemade Sunday Soup</i> Roast Beef and Cheese Sandwich Greek Salad Bar	Strawberry Shortcake
Monday 01 Jun	Shake 'N Bake Chicken Mac and Cheese Broccoli and Cauliflower <i>Sub: Ham</i>	Assorted Desserts	<i>Soup of the day: Squash Soup</i> Scrambled Eggs with Baked Beans Fruit Salad and English Muffins	Oatmeal Raisin Cookies with Yogurt
Tuesday 02 Jun	Pork Roast Mashed Potatoes Sweet Potato and Beans <i>Sub: Chicken</i>	Spice Cake	<i>Soup of the day: Vegetable</i> Mini Hamburgers Pasta Salad and Fries	Lemon Cake
Wednesday 03 Jun	Spaghetti with Meat Sauce Caesar Salad Sub: Pork Roast	Yogurt Parfait	<i>Soup of the day: Tomato</i> Grilled Cheese Sandwich Side Salad and Chips	Danishes
Thursday 04 Jun	Sweet and Sour Meatballs Mashed Potatoes Corn and Brussels Sprouts <i>Sub: Spaghetti</i>	Strawberry Rhubarb Pie	<i>Soup of the day: Ham and Pea</i> Chicken Tenders Roasted Potatoes Cauliflower	Jello and Whipped Cream
Friday 05 Jun	Grilled Haddock Potato Wedges Grilled Vegetables <i>Sub: Meatballs</i>	White Cake with Lemon Sauce	<i>Soup of the day: Cream of Vegetable</i> Lemony Beef and Orzo Bowls (with cherry tomatoes, peppers and spinach)	Assorted Desserts
Saturday 06 Jun	Greek Chicken Cucumber Yogurt Sauce Rice Pilaf Broccoli and Cauliflower <i>Sub: Haddock</i>	Triple Chocolate Fudge Cake	<i>Soup of the day: Cream of Carrot</i> Shepherd's Pie Baguette	Nanaimo Bars

Week 3	Dinner:	Dessert:	Supper:	Dessert:
Sunday 07 Jun	Roast Turkey with Stuffing and Cranberry Sauce, Mashed Potatoes Carrots and Peas <i>Sub: Greek Chicken</i>	Homemade Pie	<i>Homemade Sunday Soup</i> Ham and Cheese Sandwich Garden Salad Bar	Apple Crumble
Monday 08 Jun	Chicken Vol-Au-Vent (Chicken served over a pastry with a white sauce) with Mashed Potatoes and Beets <i>Sub: Turkey</i>	Assorted Desserts	<i>Soup of the day: Beef and Barley</i> Omelete and Bagel Fruit Salad	Tiramisu Cake
Tuesday 09 Jun	Grilled Pork and Vegetable Skewers Served over Rice Green Salad <i>Sub: Chicken vol-au-vent</i>	Pouding Chomeur	<i>Soup of the day: Chicken and Rice</i> Pizza Fries and Quinoa Salad	Molasses Cookies with Pudding
Wednesday 10 Jun	Beef Stew Bread Rolls <i>Sub: Pork Skewers</i>	Ambrosia Salad	<i>Soup of the day: Cream of Broccoli Soup</i> Tuna Salad Sandwiches Side Salad and Chips	Squares and Apple Sauce
Thursday 11 Jun	Chicken Shawarma (Lightly seasoned chicken) Orzo and Rice Pilaf Broccoli and Salad <i>Sub: Beef Stew</i>	Caramel Apple Pie	<i>Soup of the day: Cream of Mushroom</i> Taco Pasta Casserole Baguette	Jello and Cookies
Friday 12 Jun	Fish & Chips (Fries) with Coleslaw <i>Sub: Chicken</i>	Red Velvet Cake	<i>Soup of the day: Pea Soup</i> Reuben Sandwiches Mixed Bean Salad	Assorted Desserts
Saturday 13 Jun	Beef Stir Fry with Vegetables and Rice <i>Sub: Fish</i>	White Cake with caramel sauce	<i>Soup of the day: Cream of Carrot</i> Sloppy Joes Carrot Salad and Chips	Date Squares

Week 4	Dinner:	Dessert:	Supper:	Dessert:
Sunday 14 Jun	Baked Ham Scalloped Potatoes Carrots and Beans <i>Sub: Beef Stir-fry</i>	Cherry Pie	<i>Homemade Sunday Soup</i> Roast Beef and Cheese Sandwich Caesar Salad Bar	Strawberry Shortcake
Monday 15 Jun	Chicken Parmesan Italian Mashed Potatoes Cauliflower and Turnip <i>Sub: Ham</i>	Assorted Desserts	<i>Soup of the day:</i> <i>Lentil Soup</i> Baked Beans with Scrambled Eggs, English Muffin and Sliced Tomato	Cookie Squares and Apple Sauce
Tuesday 16 Jun	Sausages in gravy Broccoli and Squash Mashed Potatoes <i>Sub: Chicken</i>	Blueberry Cake	<i>Soup of the day :</i> <i>Tomato Vegetable Rotini</i> Chicken Salad with Crackers Deviled Eggs, Side Salad	Homemade Cookies with Jello
Wednesday 17 Jun	Greek Meatballs Cucumber Yogurt Sauce Basmati Rice Green Beans and Corn <i>Sub: Sausages</i>	Yogurt Parfait	<i>Soup of the day:</i> <i>Tomato</i> Grilled Cheese Sandwich Side Salad and Chips	Banana Bread
Thursday 18 Jun	Tourtiere Mashed Sweet Potatoes Pickled Beets <i>Sub: Meatballs</i>	Homemade Pie	<i>Soup of the day:</i> <i>Chicken Noodle</i> Crispy Chicken Strips Poutine and Coleslaw	Cookies and Pudding
Friday 19 Jun	Honey Glazed Salmon Roasted Potatoes Corn and Brussels Sprouts <i>Sub: Tourtiere</i>	Boston Cream Cake	<i>Soup of the day:</i> <i>Cream of Asparagus</i> Quiche with Chickpea Salad	Assorted Desserts
Saturday 20 Jun	Barbecued Hamburgers Macaroni Salad and Chips <i>Sub: Salmon</i>	Cake with Apple Caramel Sauce	<i>Soup of the day:</i> <i>Beef and Barley</i> Pasta with Vegetable Sauce Garlic Bread	Butter Tart Squares

<u>Week 5</u>	Dinner:	Dessert:	Supper:	Dessert:
Sunday Happy Father's Day! 21 Jun	Roast Beef with Gravy Mashed Potatoes Carrot and Turnip <i>Sub: Hamburgers</i>	Apple Pie	Homemade Sunday Soup Ham and Cheese Sandwich Summer Salad with Fruit	Brownies and Coaticook Ice Cream
Monday 22 Jun	Garlic Butter Chicken Rice Pilaf Butternut Squash and Broccoli <i>Sub: Roast Beef</i>	Assorted Desserts	Soup of the day: Cream of Mushroom Waffles with Maple Syrup Breakfast Sausage Fruit Salad	Jello Salad and Whipped Cream
Tuesday 23 Jun	Barbecue Ribs Mashed Potatoes Corn and Roasted Sweet Potato <i>Sub: Chicken</i>	Muffins	Soup of the day: Squash Hot Chicken Sandwich Peas and Boiled Potatoes	Assorted Cookies and Yogurt
Wednesday 24 Jun	Chicken Pie with Biscuits and Mashed Potatoes <i>Sub: Ribs</i>	Tapioca Pudding	Soup of the day: Chicken and Rice Soup Chinese Noodles Spring Rolls	White Cake with Sauce
Thursday 25 Jun	Salisbury Steak with Grilled Mushrooms Mashed Potatoes Turnip and Beans <i>Sub: Chicken Pie</i>	Sugar Pie	Soup of the day: Cream of Vegetable Pulled Pork Sandwich Potato Wedges Coleslaw	Squares and Pudding
Friday 26 Jun	Cheddar and Potato Crusted Cod Roasted Potatoes Assorted Vegetables <i>Sub: Salisbury Steak</i>	Chocolate Cake	Soup of the day: Cream of Carrot Ravioli with Rosée Sauce Caesar Salad and Baguette	Assorted Desserts
Saturday 27 Jun	Smoked Meat Sandwich on Rye Bread, French Fries, Coleslaw and Dill Pickles <i>Sub: Cod</i>	Nanaimo Bars	Soup of the day: Chicken Noodle Ham Salad Crackers and Cheese Veggies and Dip	Cookies and Jello