

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am St. James Anglican Service – FH 2:00pm Service w/ Scott Dakin – FH	2 9:00am Potato Peeling Club – Bistro 9:30am Chair Fitness – FH 10:45am Valentine's card making – FH 1:30pm Mobile Cart – Wings A, B, C, D 5:30pm-8:30pm Evening Activities – Kris (Wings A and B)	3 9:30am Docuseries: Alaska survive with the bears – FH 9:30am Tuck Shop – Wing B 10:00am Tuck Shop – Wing A 10:30am Bible Study w/ John Klinck – FH 1:30pm Carpet Bowling – FH 2:30pm Teatime in the Bistro	4 9:30am Chair Yoga – FH 10:00am Painting w/ Michelle – FH 2:00pm Musical Performance: Cyriel (Jazz Music) – FH 5:30pm-8:30pm Evening Activities – Kris	5 9:30am Nail Spa – FH 10:30am Plaisir en Chanson – FH 2:00pm Musical Performance: Jon and Michael Gearey – FH	6 9:00am Potato Peeling Club – Bistro 10:00am Bingo! – FH 2:00pm Musical Performance: Billy Lidstone – FH	7 9:30am Leg exercises – FH Activities!
8 10:00am St. James Anglican Service – FH 2:00pm Service w/ Don and Christine Doell – FH	9 9:00am Potato Peeling Club - Bistro 9:30am Chair Fitness – FH 10:45am Cooking Club: Mini Muffins - Bistro 1:30pm Carpet Bowling – FH 2:45pm Teatime in the Bistro 5:30pm-8:30pm Evening Activities – Kris (Wings A and B)	10 9:30am Docuseries: Alaska survive with the bears – FH 9:30am Tuck Shop – Wing A 10:00am Tuck Shop – Wing B 10:30am Bible Study W/ John Klinck – FH 2:00pm Duo Violoncelles – Wing D 2:45pm Duo Violoncelles – Wing A	11 Happy Birthday Alice Oldland! 9:30am Chair Yoga – FH 10:45am Valentine's Crafts – FH 1:30pm Film presentation by Louise Abbott: Driving into the past – FH 5:30pm-8:30pm Evening Activities – Kris	12 9:30am Armchair Travel: France – FH 10:30am Plaisir en Chanson – Wing A 2:00pm Book Club: Guest Speaker Tanya Allatt – FH	13 9:00am Potato Peeling Club – Bistro 10:00am Bingo! – FH 2:00pm Valentines Day High Tea event – FH	14 Happy Birthday Colleen Lyon! 9:30am Leg exercises – FH Activities!
15 10:00am St. James Anglican Service 3:00pm Service w/ the Frazer Family – FH	16 9:00am Potato Peeling Club - Bistro 9:30am Chair Fitness – FH 10:45am Quiz Games – FH 1:30pm Carpet Bowling – FH 2:30pm Teatime in the Bistro 5:30pm-8:30pm Evening Activities – Kris (Wings A and B)	17 Happy Birthday Nicole Laliberté! Happy Birthday Pauline McGourty! 9:30am Docuseries: Alaska survive with the bears – FH 9:30am Tuck Shop – Wing B 10:00am Tuck Shop – Wing A 10:30am Bible Study w/ John Klinck – FH 2:00pm Janice LaDuke musical performance: Wing A 2:30pm Janice LaDuke musical Performance: Wing C	18 9:30am Chair Yoga – FH 10:00am Painting w/ Michelle – FH 2:00pm Musical Performance: Alexane – FH 5:30pm-8:30pm Evening Activities – Kris	19 10:00am Catholic Mass – FH 10:30am Plaisir en Chanson – FH 2:00pm Birthday Bash! – FH	20 9:00am Potato Peeling Club – Bistro 9:30am Chair Fitness – FH 10:00am Anglican Service – FH 1:30pm Bingo! – FH 2:45pm Teatime in the bistro	21 9:30am Leg exercises – FH Activities!
22 10:00am St. James Anglican Service – FH 2:00pm Service w/ Rev Nigel Parker, Presbyterian – FH	23 9:00am Potato Peeling Club – Bistro 9:30am Chair Fitness – FH 10:45am Snakes and Ladders – FH 1:30pm Carpet Bowling – FH 2:30pm Teatime in the Bistro 5:30pm-8:30pm Evening Activities – Kris (Wings A and B)	24 Happy Birthday Jackie Cass! 9:30am Docuseries: Alaska survive with the bears – FH 9:30am Tuck Shop – Wing A 10:00am Tuck Shop – Wing B 10:30am Bible Study w/ John Klinck – FH 2:00pm Musical Performance: Dave Argent Duo – FH	25 Happy Birthday Nancy MacDonald! 9:30am Chair Yoga – FH 10:45am minute to win it games – FH 2:00pm Movie Afternoon: Father of the bride two – FH	26 9:30am Nail Spa – FH 10:30am Art Workshop w/ Hiro – FH 10:30am Plaisir en chanson – Wing D 1:30pm United Church Prayer Service – FH 2:00pm Teatime with the Grace Ladies – Bistro	27 9:00am Potato peeling club - Bistro 9:30am Chair Fitness – FH 10:30am Balloon Bowling – FH 1:30pm Bingo! – FH 2:45pm Teatime in the Bistro	28 Happy Birthday John Hamelin! 9:30am Leg exercises – FH Activities!
FH = Faith Hall TR = Training Room	Please check the activity boards each morning as they are subject to change!					

February Event Highlight



GRACE VILLAGE NEWS LETTER

February 2026

January Recap

The New Year greeted our residents with lots of great musical performances. There were also the usual favourite activities like chair fitness, Carpet Bowling, Bingo, etc. Residents had another fun visit with their favourite animals (Toutous Poilus). The month ended with a few great performances from the students of the Cadence School of Dance.

February Summary

Residents can look forward to an exciting month of a variety of events. From new musical performers to the return of Louise Abbott to share her film on the History of Covered Bridges in Quebec. Tania Allatt one of our local writers will visit to share her stories. Finally, the Valentine's High Tea should be a wonderful treat for all residents and their loved ones with delicious treats and live performance of familiar love songs.

Important Dates

- Cyriel - All that JAZZ - 4 February
- Jon & Michael Gearey - 5 February
- Billy - Musical - 6 February
- Duo Violoncelles - 10 February
- The Louise Abbott documentary - 11 February
- Tania Allatt sharing her journey as a writer - 12 February
- St Valentine's High Tea - 13 February
- Singing along with Janice - 17 February
- Alexanne musical - 18 February
- Birthday Bash - 19 February
- The Dave Argent Duo - 24 February
- Arts & Crafts with Hiro - 26 February

February Birthdays

- Alice Oldland - 11 February
- Micheline Lapointe - 12 February
- Colleen Lyon - 14 February
- Pauline McGourty - 17 February
- Nicole Laliberté - 17 February
- Jackie Cass - 24 February
- Nancy MacDonald - 25 February
- John Hamelin - 28 February



VALENTINE'S

High Tea

Residents can look forward to an exciting month of a variety of events. From new musical performers to the return of Louise Abbott to share her film on the History of Covered Bridges in Quebec. Tania Allatt one of our local writers will visit to share her stories. Finally, the Valentine's High Tea should be a wonderful treat for all residents and their loved ones with delicious treats and live performance of familiar love songs.

High Tea

LIVE MUSIC

Dress code - your Sunday Best attire

February 13 at 2pm in the Grand Hall

Book Now *Free for all residents \$10 per guest*

PLEASE CONFIRM YOUR ATTENDANCE WITH RESIDENT'S NAME AND NUMBER OF GUESTS TO RSVP@MASSCOM.CA NO LATER THAN 6 FEBRUARY, 2026

