

Sunday	Monday	Tuesday	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <b>10:00am</b> St. James Anglican Service – FH  <b>2:00pm</b> Service w/ Scott Dakin – FH	<b>2</b> <b>9:00am</b> Potato Peeling Club – Bistro <b>9:30am</b> Chair Fitness – FH <b>10:45am</b> Valentine`s card making – FH <b>1:30pm</b> Mobile Cart – Wings A, B, C, D <b>5:30pm-8:30pm</b> Evening Activities – Kris (Wings A and B)	<b>3</b> <b>9:30am</b> Docuseries: Alaska survive with the bears – FH <b>9:30am</b> Tuck Shop – Wing B <b>10:00am</b> Tuck Shop – Wing A <b>10:30am</b> Bible Study w/ John Klinck – FH <b>1:30pm</b> Carpet Bowling – FH <b>2:30pm</b> Teatime in the Bistro	<b>4</b> <b>9:30am</b> Chair Yoga – FH <b>10:00am</b> Painting w/ Michelle – FH <b>2:00pm</b> Musical Performance: Cyriel (Jazz Music) – FH <b>5:30pm-8:30pm</b> Evening Activities – Kris	<b>5</b> <b>9:30am</b> Nail Spa – FH <b>10:30am</b> Plaisir en Chanson – FH <b>2:00pm</b> Musical Performance: Jon and Michael Gearey – FH	<b>6</b> <b>9:00am</b> Potato Peeling Club – Bistro <b>10:00am</b> Bingo! – FH <b>2:00pm</b> Musical Performance: Billy Lidstone – FH	<b>7</b> <b>9:30am</b> Leg exercises – FH  <b>Activities!</b>
<b>8</b> <b>10:00am</b> St. James Anglican Service – FH  <b>2:00pm</b> Service w/ Don and Christine Doell – FH	<b>9</b> <b>9:00am</b> Potato Peeling Club - Bistro <b>9:30am</b> Chair Fitness – FH <b>10:45am</b> Cooking Club: Mini Muffins - Bistro <b>1:30pm</b> Carpet Bowling – FH <b>2:45pm</b> Teatime in the Bistro <b>5:30pm-8:30pm</b> Evening Activities – Kris (Wings A and B)	<b>10</b> <b>9:30am</b> Docuseries: Alaska survive with the bears – FH <b>9:30am</b> Tuck Shop – Wing A <b>10:00am</b> Tuck Shop – Wing B <b>10:30am</b> Bible Study W/ John Klinck – FH <b>2:00pm</b> Duo Violoncelles – Wing D <b>2:45pm</b> Duo Violoncelles – Wing A	<b>Happy Birthday Alice Oldland!</b> <b>11</b> <b>9:30am</b> Chair Yoga – FH <b>10:45am</b> Valentine`s Crafts – FH <b>1:30pm</b> Film presentation by Louise Abbott: Driving into the past – FH <b>5:30pm-8:30pm</b> Evening Activities – Kris	<b>12</b> <b>9:30am</b> Armchair Travel: France – FH <b>10:30am</b> Plaisir en Chanson – Wing A <b>2:00pm</b> Book Club: Guest Speaker Tanya Allatt – FH	<b>13</b> <b>9:00am</b> Potato Peeling Club – Bistro <b>10:00am</b> Bingo! – FH <b>2:00pm</b> Valentines Day High Tea event – FH	<b>Happy Birthday Colleen Lyon!</b> <b>14</b> <b>9:30am</b> Leg exercises – FH  <b>Activities!</b>
<b>15</b> <b>10:00am</b> St. James Anglican Service  <b>3:00pm</b> Service w/ the Frazer Family – FH	<b>16</b> <b>9:00am</b> Potato Peeling Club - Bistro <b>9:30am</b> Chair Fitness – FH <b>10:45am</b> Quiz Games – FH <b>1:30pm</b> Carpet Bowling – FH <b>2:30pm</b> Teatime in the Bistro <b>5:30pm-8:30pm</b> Evening Activities – Kris (Wings A and B)	<b>Happy Birthday Nicole Laliberté! Happy Birthday Pauline McGourty!</b> <b>17</b> <b>9:30am</b> Docuseries: Alaska survive with the bears – FH <b>9:30am</b> Tuck Shop – Wing B <b>10:00am</b> Tuck Shop – Wing A <b>10:30am</b> Bible Study w/ John Klinck – FH <b>2:00pm</b> Janice LaDuke musical performance: Wing A <b>2:30pm</b> Janice LaDuke musical Performance: Wing C	<b>18</b> <b>9:30am</b> Chair Yoga – FH <b>10:00am</b> Painting w/ Michelle – FH <b>2:00pm</b> Musical Performance: Alexane – FH <b>5:30pm-8:30pm</b> Evening Activities – Kris	<b>19</b> <b>10:00am</b> Catholic Mass – FH <b>10:30am</b> Plaisir en Chanson – FH <b>2:00pm</b> Birthday Bash! – FH	<b>20</b> <b>9:00am</b> Potato Peeling Club – Bistro <b>9:30am</b> Chair Fitness – FH <b>10:00am</b> Anglican Service – FH <b>1:30pm</b> Bingo! – FH <b>2:45pm</b> Teatime in the bistro	<b>21</b> <b>9:30am</b> Leg exercises – FH  <b>Activities!</b>
<b>22</b> <b>10:00am</b> St. James Anglican Service – FH  <b>2:00pm</b> Service w/ Rev Nigel Parker, Presbyterian – FH	<b>23</b> <b>9:00am</b> Potato Peeling Club – Bistro <b>9:30am</b> Chair Fitness – FH <b>10:45am</b> Snakes and Ladders – FH <b>1:30pm</b> Carpet Bowling – FH <b>2:30pm</b> Teatime in the Bistro <b>5:30pm-8:30pm</b> Evening Activities – Kris (Wings A and B)	<b>Happy Birthday Jackie Cass!</b> <b>24</b> <b>9:30am</b> Docuseries: Alaska survive with the bears – FH <b>9:30am</b> Tuck Shop – Wing A <b>10:00am</b> Tuck Shop – Wing B <b>10:30am</b> Bible Study w/ John Klinck – FH <b>2:00pm</b> Musical Performance: Dave Argent Duo – FH	<b>Happy Birthday Nancy MacDonald!</b> <b>25</b> <b>9:30am</b> Chair Yoga – FH <b>10:45am</b> minute to win it games – FH <b>2:00pm</b> Movie Afternoon: Father of the bride two – FH	<b>26</b> <b>9:30am</b> Nail Spa – FH <b>10:30am</b> Art Workshop w/ Hiro – FH <b>10 :30am</b> Plaisir en chanson – Wing D <b>1:30pm</b> United Church Prayer Service – FH <b>2:00pm</b> Teatime with the Grace Ladies – Bistro	<b>27</b> <b>9:00am</b> Potato peeling club - Bistro <b>9:30am</b> Chair Fitness – FH <b>10:30am</b> Balloon Bowling – FH <b>1:30pm</b> Bingo! – FH <b>2:45pm</b> Teatime in the Bistro	<b>Happy Birthday John Hamelin!</b> <b>28</b> <b>9:30am</b> Leg exercises – FH  <b>Activities!</b>
<b>FH = Faith Hall</b> <b>TR = Training Room</b>	<b>Please check the activity boards each morning as they are subject to change!</b>					

## February Event Highlight

# GRACE VILLAGE NEWS LETTER

February 2026

### January Recap

The New Year greeted our residents with lots of great musical performances. There were also the usual favourite activities like chair fitness, Carpet Bowling, Bingo, etc. Residents had another fun visit with their favourite animals (Toutous Poilus). The month ended with a few great performances from the students of the Cadence School of Dance.

### February Summary

Residents can look forward to an exciting month of a variety of events. From new musical performers to the return of Louise Abbott to share her film on the History of Covered Bridges in Quebec. Tania Allatt one of our local writers will visit to share her stories. Finally, the Valentine's High Tea should be a wonderful treat for all residents and their loved ones with delicious treats and live performance of familiar love songs.

### Important Dates

- Cyriel - All that JAZZ - 4 February
- Jon & Michael Gearey - 5 February
- Billy - Musical - 6 February
- Duo Violoncelles - 10 February
- The Louise Abbott documentary - 11 February
- Tania Allatt sharing her journey as a writer - 12 February
- St Valentine's High Tea - 13 February
- Singing along with Janice - 17 February
- Alexanne musical - 18 February
- Birthday Bash - 19 February
- The Dave Argent Duo - 24 February
- Arts & Crafts with Hiro - 26 February

### February Birthdays

- Alice Oldland - 11 February
- Micheline Lapointe - 12 February
- Colleen Lyon - 14 February
- Pauline McGourty - 17 February
- Nicole Laliberté - 17 February
- Jackie Cass - 24 February
- Nancy MacDonald - 25 February
- John Hamelin - 28 February

# VALENTINE'S *High Tea*



LIVE MUSIC

*Dress code - your Sunday Best attire*

**February 13 at 2pm in the  
Grand Hall**

**Book Now** *Free for all residents  
\$10 per guest*

PLEASE CONFIRM YOUR ATTENDANCE WITH  
RESIDENT'S NAME AND NUMBER OF GUESTS TO  
RSVP@MASSCOM.CA NO LATER THAN  
**6 FEBRUARY, 2026**

