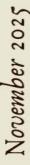
Sunday	Monday	Tuesday	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO.		Please make sure to check the activity boards each morning as they are subject to change.	TR= Training Room FH = Faith Hall			9:30am Leg exercises – FH Activities!
Happy Birthday Lise 2 Mailloux! 10:00am St. James Anglican Service 2:00pm Service w/ Scott Dakin (Baptist) – FH	9:00am Potato Peeling Club - Bistro 9:30am Chair Fitness – FH 10:30am Bible Study w/ John Klinck – FH 2:00pm Dave Argent musical Duo performance - FH 5:30pm-7:30pm Evening Activities – Kris	9:30am Tuck Shop Wings A and B 10:30am Art workshop w/ Kathryn – FH 1:30pm Mobile Cart – Wings A, B, C, D 2:00pm Game afternoon w/ Parole de Vie – FH	9:30am Chair yoga – FH 10:30 Choir workshop – FH 1:30pm Carpet Bowling – FH 2:45pm Teatime in the bistro 5:30pm-7:30pm Evening Activities – Kris	9:30am Happiness Program – Wing C 9:30am Nail Spa – FH 11:00am Plaisirs en chanson – FH 2:00pm Book Club – Library 2:45pm Teatime with the Grace Ladies 3:30pm	9:00am Potato Peeling Club – Bistro 10:00am Nail Spa – Wing D 10:00am Bingo! – FH 1:30pm Giant connect 4 – Wing A 2:00pm Giant Tetris – Wing B 2:30pm Balloon Game – Wing D	9:30am Leg exercises – TR Activities!
Happy Birthday Estelle 9 Labrecque! 10:00am St. James Anglican Service – FH	9:00am Potato Peeling Club - Bistro 9:30am Chair Fitness – FH 10:30am Bible Study w/ John Klinck – FH 2:00pm Duo so cool concert – FH 5:30pm-7:30pm Evening Activities – Kris	9:30am Tuck Shop Wings A and B 10:00am Remembrance Day Service – FH 1:30pm Carpet Bowling – FH 2:30pm Teatime in the Bistro 2:30pm Leg exercises – FH	9:30am Chair Yoga – FH 10:00am Painting w/ Michelle – FH 1:30pm Picture bingo – Wing D 2:30pm Coloring – Wing C 2:00pm Mental Health Workshop on Positive aging – FH 5:30pm-7:30pm Evening Activities – Kris	Happy Birthday Robert Burns! 9:30am Armchair Travel: 11:00am Plaisirs en chanson – FH 2:00pm Sweet memories – FH	9:00am Potato Peeling Club – Bistro 10:00am Bingo! – FH 10:00am Nail Spa – Wing D 2:00pm Amelie and Alix musical performance – FH	9:30am Leg exercises – FH Activities!
16 10:00am St. James Anglican Service – FH 3:00pm Service w/ the Frazer family – FH	9:00am Potato Peeling Club - Bistro 9:30am Chair Fitness – FH 10:30am Bible Study w/ John Klinck – FH 1:30pm Carpet Bowling – FH 2:30pm Teatime in the bistro 5:30pm-7:30pm Evening Activities – Kris	9:30am Tuck Shop Wings A and B 10:30am Art Workshop w/ Kathryn – FH 1:30pm Bingo! – FH 2:45pm Teatime in the Bistro	9:30am Chair yoga – FH 10:30am Choir workshop w/ Fanny – FH 2:00pm Ronnie and Friends concert – FH 5:30pm-7:30pm Evening Activities – Kris	11:00am Plaisirs en chanson – FH	9:00am Potato peeling club - Bistro 9:30am Board game morning w/ Galt Students – FH 9:30am Nail Spa – Wing D 10:00am Anglican Service – FH 1:30pm Mobile Cart – Wings A, B, C, D	9:00am-3:30pm Christmas Market – FH 9:30am Leg exercises – Conference Room
10:00am St. James Anglican Service – FH 2:00pm Service w/ Nigel Parker – FH Happy Birthday Dyane 30 Beaudette! 10:00am St. James Anglican Service – FH 2:30pm Anglican Evensong – FH	9:00am Potato Peeling Club - Bistro 9:30am Chair Fitness – FH 10:30am Bible study w/ John Klinck – FH 1:30pm Carpet Bowling – FH 2:30pm Teatime in The Bistro 5:30pm-7:30pm Evening Activities – Kris	9:30am Tuck Shop – Wings A and B 10:30am Art workshop w/ Kathryn – FH 1:30pm Mobile Cart – Wings A, B, C, D 2:30pm Leg exercises – FH	9:30am Chair Yoga – FH 10:00am Painting w/ Michelle – FH 2:00pm Musical Performance – Dave Argent Solo performance – FH 5:30pm-7:30pm Evening Activities – Kris	9:00am Happiness Program – Wing C	9:00am Potato Peeling Club – Bistro 10:00am Bingo! – FH 10:00am Nail Spa – Wing D 2:00pm Musical Performance: Stephane preforming old crooners – FH	9:30am Leg exercises – FH Activities!



Grace Village News Letter





the Gaspe region and also October was a busy month where some of our residents were able to enjoy an outing There was great fun with the Halloween trick-or-treating, craft workshops, several musical concerts and our regular Carpet Bowling and Bingo activities. Residents also had to the apple orchard for apple picking and pie and coffee treat. Bringing convenient shopping to residents, the Grace Village Tuck Shop is back every Tuesday mornings. enjoyed spiritual upliftment through the church services and bible studies activities. the pleasure of hearing about Jen's biking adventure in

November Happenings

event. Pies orders can be placed on the Grace Village website. Finally, the Christmas market workshops that our residents can take part in. Everyone can stock up on their Christmas event will take place in the Grand Hall with many vendors old and new so residents and November will be a month filled with wonderful musical performances and interesting goodies by ordering delicious apple and pumpkin pies from the Grace Foundation Pie their families can attend and enjoy some great purchases.

November Birthdays

- Lise Leblanc-Mailloux 2 November
- André Lemire 3 November
- Estelle Labrecque 9 November
- Robert Burns 13 November
- Gerald Quirion 24 November
- Gloria Ledoux 26 November
- Elizabeth LeBaron 27 November
- Shirley Ann (Sigi) Fisher-28 November
 - Dyane Beaudette 30 November

November Important Dates

- Dave Argent musical performance -3 Nov.
 Apple Pie making fundraising event -8 Nov.
 Duo So Cool -10 Nov.
- Remembrance Day Service -11 Nov.
- Mental Health workshop (Positive Aging) -12 Nov Sweet memories solo concert -13 Nov.

 - Amelie & Alix duo -14 Nov
- Ronnie & Friends musical performance -19 Nov.
 - Resident's Birthday Bash 20 Nov
- Grace Village Christmas Market 22 Nov.
 - Dave Argent duo performance 26 Nov. Art Therapist presentation -27 Nov.
- Stefane musical performance (Crooners) 28 Nov

Share the Attitude of Gratitude!

It's a wonderful time to reflect and be grateful. Share that warmth with those around you. Share your stories with each other.

